Keeping a physical distance (at least 6 feet) from other people is our best protection against COVID-19; however, wearing a facemask can help protect others by containing the respiratory droplets of the mask wearer.

**FACE COVERINGS**

*Face coverings are required:*

- When you are indoors where other people are present and in all public and common areas; a face covering is *not* needed when working alone in a private office or work area.
- When you are outdoors whenever keeping a 6-foot distance from other people may not be possible; a face covering is *not* needed when you are outdoors (e.g., walking, exercising) and you are able to stay 6 feet away from other people.
- Cloth face coverings do *not* replace job-specific requirements for use of personal protective equipment (PPE).

*Source: Public Health — Seattle & King County*

**MEDICAL/PROCEDURE MASKS**

*Medical/procedure masks are required:*

- When performing work to support critical operations and
  - Maintaining a 6-foot distance at all times is *not* possible; and
  - A risk assessment indicates a medical/procedure mask is required PPE for the work activity
- When working in areas where there may be exposure to hazardous materials (e.g., a biosafety level 2 lab) or in a University space where they are required
- When the job site requires a medical/procedure mask as part of the usual PPE

Follow job site instructions and training on PPE use.

**VIDEO:** How to put on and safely wear a medical/procedure mask (www.youtube.com/watch?v=0whUgkCgP0U)

**MORE INFORMATION**


*Governor Inslee's Healthy Washington requirements* (coronavirus.wa.gov/what-you-need-know)

Public Health — Seattle & King County's guidance on mask use (www.kingcounty.gov/masks)

Follow the Important Safety Tips for Wearing Face Masks (next page).
Important Safety Tips for Wearing Face Masks

- Clean hands before & after touching MASK
- Wear inside facing you and metal piece pressed onto nose bridge
- Avoid Touching MASK
- Remove & store MASK before eating and drinking
- MASK should always cover nose and chin
- MASK should not hang on one ear, hang around neck or be pushed to forehead
- Discard if MASK becomes wet or soiled
- Store MASK safely if planned for re-use during shift
- Discard MASK when leaving building
- Store MASK safely if reusing

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