

Medical Emergencies

Heart attack, choking, bleeding, poisoning, and burns, as well as other serious medical conditions can happen anywhere. Prompt action and clear communication is vital when providing help.

In the Event of a Sudden Medical Emergency

- **Assess the person.** Look on wrist, ankle, or around neck for a medic alert bracelet or necklace.
- **Call 911, or have someone else do it.** If you are alone, yell loudly for help. If you are unable to summon help, call 911 first before assisting the person.
- **When calling 911, use a UW landline,** if possible, as these calls are routed directly to the University Police call center. **If using a cell phone UW Police can be reached at 206-685-8975.** If you are using a cell phone, the responding call center will need to know that you are at a University of Washington campus building.

Give the operator as much information as possible, including:

- Type of emergency
- What help is needed
- Exact address or building name
- Room number or area
- Your telephone number
- Any information from medic bracelet or necklace
- Victim information such as age and symptoms
- **Don't hang up** until you are told to do so by the 911 operator.
- **Do not move the victim** unless absolutely necessary. In many cases, moving the victim may cause additional trauma.
- **Administer First Aid or CPR** if you are qualified and current with your training.
- **Follow Universal Precautions.** Treat all blood and body fluids as if they were known to be infectious for HIV, HBV and other bloodborne pathogens.
- **Look for an 'ICE' Phone Number.** Look up the ICE (In Case of Emergency) contact number on the person's cell phone.
- **Report the incident.** Submit an accident report using the online accident reporting system at: <http://www.ehs.washington.edu/ohsoars/index.shtm>.