

U-WIDE HEALTH AND SAFETY COMMITTEE

12/14/2022 Meeting Minutes | 1:00 p.m. - 2:30 p.m. |

Elected Member*		Appointed Member*		Proxy*	
<input checked="" type="checkbox"/>	Ryan Hawkinson (1)	<input type="checkbox"/>	Kurt Oglesby (3)	<input type="checkbox"/>	Sulgi Lotze (1)
<input type="checkbox"/>	Carmen Parisi, Chair (1)	<input checked="" type="checkbox"/>	David Manley (5)	<input type="checkbox"/>	Brett Magnuson (2)
<input checked="" type="checkbox"/>	Nigel Horton (2)	<input type="checkbox"/>	Andrew Abian (7)	<input type="checkbox"/>	Martin Arroyo (7)
<input checked="" type="checkbox"/>	Norm Kwasinski (2)	<input type="checkbox"/>	David Zuckerman (10)	<input type="checkbox"/>	Colleen Irvin (9)
<input checked="" type="checkbox"/>	Tony Colinares (3)			<input type="checkbox"/>	Andrea Chateaubriand (10)
<input checked="" type="checkbox"/>	Christine Aker (4)			<input checked="" type="checkbox"/>	Kelly Carter-Lynn (7)
<input type="checkbox"/>	Mary Ann Valentine (4)				Labor Union Member*
<input type="checkbox"/>	Ansley Roman (5)			<input checked="" type="checkbox"/>	Paula Lukaszek, WFSE 1488
<input checked="" type="checkbox"/>	Sarah O'Hara (6)			<input checked="" type="checkbox"/>	Ann Aumann, SEIU 925
<input type="checkbox"/>	Laura Harrington (6)			<input type="checkbox"/>	Antonio Vasquez, UAW 4121
<input checked="" type="checkbox"/>	Alaron Lewis (7)				
<input type="checkbox"/>	Michelle Miller (8)				Senate Member*
<input checked="" type="checkbox"/>	Stephen Costanti (8)			<input type="checkbox"/>	Faculty Senate – TBD
<input type="checkbox"/>	Alexander Lefort (9)	<input checked="" type="checkbox"/> = attended meeting * = voting members 13 = voting members for quorum		<input type="checkbox"/>	GPSS – Gabby Rivera
<input checked="" type="checkbox"/>	Sarah Coppola (9)				
<input checked="" type="checkbox"/>	David Warren (10)				
Ex-Officio Member		Ex-Officio Member		Env. Health & Safety Member	
<input type="checkbox"/>	Tracey Mosier, UWF	<input checked="" type="checkbox"/>	Rick Gleason, DEOHS	<input checked="" type="checkbox"/>	Katia Harb
<input checked="" type="checkbox"/>	Chris Pennington, UWF	<input type="checkbox"/>	TBD, AGO	<input type="checkbox"/>	Eleanor Wade
<input type="checkbox"/>	Steve Charvat, UWEM	<input checked="" type="checkbox"/>	Nancy Gwin, AGO	<input checked="" type="checkbox"/>	Erin McKeown
<input checked="" type="checkbox"/>	Barry Morgan, UWEM	<input checked="" type="checkbox"/>	Ken Nielsen, Risk Services	<input checked="" type="checkbox"/>	Sonia Honeydew
<input checked="" type="checkbox"/>	Lt. Chris Jaross, UWPD	<input checked="" type="checkbox"/>	Susan Wagshul-Golden, UWT	<input checked="" type="checkbox"/>	Lorilyn A. H. Ignao
<input checked="" type="checkbox"/>	Seth Greenfest, UWHR	<input checked="" type="checkbox"/>	Brett Konzek, UWB	<input checked="" type="checkbox"/>	Tracy Harvey
<input checked="" type="checkbox"/>	Eric Johnson, UW Transp Svcs	<input checked="" type="checkbox"/>	Nicholas Monica, UW Transp	<input type="checkbox"/>	
Guests					
<input checked="" type="checkbox"/>	Sally Clark, CCS	<input checked="" type="checkbox"/>	Desi Schatz, HSC-4	<input type="checkbox"/>	

1. Attendance/Quorum

Christine Aker announced that the group did not reach quorum.

2. Call to Order and Welcome

Christine announced that she is filling in as chair for this meeting.

3. Approval of Meeting Minutes

Voting on meeting minutes approval was briefly postponed until quorum was reached.

Then Sonia Honeydew brought up a correction from Sally Clark regarding updated hours for U-District ambassadors; they are available weekdays 7:30am-11pm and weekends 3-11pm. Christine asked for any motions. Paula Lukaszek motioned. Sarah O'Hara seconded. Motion passed and November 2022 meeting minutes were approved with correction.

4. Ergonomics

Sonia Honeydew presented on "Office Ergonomics: Controlling Stressors to Prevent Musculoskeletal Injuries." According to the U.S. Bureau of Labor Statistics, musculoskeletal injuries are the largest category of workplace injury. Engineering and administrative controls can be put in place to lessen risk factors. Consider utilizing different zones of desk space based on how frequently items are used or reached for. Posture at desk includes seating, where things are placed, height of monitors, hand/wrist/arm placement, etc. Aim to have a neutral posture when working at desk. Contact stresses can reduce circulation and obstruct nerve signals leading to injuries and other health risks.

Four focus points are: chair, keyboard and mouse, feet flat on the floor, and monitor height. As much as possible, avoid contact stress on wrists. Poor wrist posture may indicate an employee needs an ergonomic keyboard. Sarah Coppola recommends [this keyboard](#). Wrist rests should not be used, instead can be used for supporting palms. If using dual monitors, user should be positioned between the two. Holding head too low can cause headache, neck, and shoulder discomfort. When using a laptop, consider using peripheral keyboard and mouse, raise laptop screen, and adjust the chair and working surface.

Control repetition and sustained posture by using physical breaks to get out of chair and eye breaks to reduce eye strain. Work Rave rest break software can help regulate breaks. Try ergonomic furniture and equipment at [Access Technology Center](#); vendors updating items soon.

5. Organizational Group Reports

Christine asked for novel updates, and a summary of midterm challenges and accomplishments.

HSC-1

Ryan Hawkinson reported that in 2022 Zoom meetings allowed for good attendance for at least part of each meeting, though holding meetings in this format did not allow people to share informal ideas. Normally their December meeting includes sharing cookies and memories, but not able to bond that way this year.

HSC-2

Nigel Horton reported on 2022 concerns raised through OARS reports: members of public are getting into parking areas, leaving human waste and drug paraphernalia, and creating security

concerns. Security barriers were added in the Triangle Parking garage. HSC-2 no new reports of this type in December so hopefully incidents are decreasing. Norm Kwasinski followed up on an earlier report that the city was able to briefly remove public RVs from the lot by the Northlake building, but the vehicles returned. UW is looking for a more permanent solution.

HSC-3

Tony Colinares reported that in the past year, HSC-3 met consistently and thoroughly reviewed OARS, even when that required overtime. Tony echoed Ryan's comment that Zoom works very well but provides less opportunity for building connections and informal exchange of ideas.

HSC-4

Christine Aker mentioned similar experiences with Zoom and expressed challenges with their lack of a full-time executive sponsor but mentioned this changed last month. It is difficult to keep up with filling membership vacancies. Potential challenge: UW no longer provides Catalyst so it will be interesting to see what tool/s will be used for upcoming term elections.

HSC-5

David Manley described that with Zoom members are more likely to attend meetings but are also missing having in-person discussions. Zoom helps as HSC-5 is spread out amongst various locations, so it is better they do not need to commute for meetings. Many in medical community are dealing with ongoing fatigue from the pandemic, public safety and workplace violence compliance work. A change of leadership in HSC-5 in 2022 allowed the committee to reconfigure a little and reevaluate how to best serve its purpose.

HSC-6

Sarah O'Hara reported that Zoom provides convenience, and people may be more likely to attend the meeting even if not well prepared. The committee is looking to see if second most vote-getters can replace elected members who consistently do not attend HSC-6 meetings as their few alternates are overwhelmed with requests. She reported that HSC-6 has good safety discussions.

HSC-7

Alaron Lewis is excited to have Brett and Allyson to support UWB. Biggest challenges are to figure out UWB employees can find out more about the works of the U-Wide and organizational HSCs. How can we make the committee more visible to the community? Meeting minutes should be posted on safety boards, and to an accessible web page.

HSC-8

Stephen Costanti reported that their chair left halfway through 2022 and they are currently working with an interim executive sponsor. The downside of Zoom is that the committee members do not know each other very well. Employees may not know where the safety board is, or who is responsible for its upkeep. Sonia pointed to the [UW HR link for required safety posters](#) and Erin pointed out that the [APP](#) describes safety bulletin boards (see page 7 of APP).

HSC-9

Sarah Coppola reported that HSC-9 provides an accountability check with thorough reviews of OARS and only close reports when satisfied. They had challenges with shifts in staffing, that required several elections and to find new appointees.

HSC-10

David Warren described that in 2022 HSC-10 created a college-wide safety suggestion box with funding to make safety fixes. an anonymous suggestion box. The college membership is geographically spread out and used to using Zoom. He also included a warning to watch out for yellowjackets and that avian flu is spreading; one goose at the Arboretum was already diagnosed

with avian flu, for which there is no cure or treatment. An [avian flu focus sheet](#) is forthcoming. Report sick or dead wild birds on a UW campus promptly through the [EH&S Wildlife Reporting](#) form, or email phdept@uw.edu or call (206) 543-7209 or (206) 616-1623.

6. Union & Senate Reports

GPSS

Not present.

WFSE 1488

Paula Lukaszek reported that more UW Facilities staff are encountering individuals taking drugs or finding drug paraphernalia, particularly at CPG Odegaard stairs. This startles employees.

SEIU 925

Ann Aumann: nothing to report.

UAW 4121

Not present.

Faculty Senate

Not present.

7. Ex Officio Reports

UW Facilities

Chris Pennington: nothing to report.

UWPD

Lt. Chris Jaross reported that UWPD hired three new campus safety responders. CPG has an ongoing issue with paraphernalia in stairwells. If Facilities staff encounter individuals, call UWPD, who will use REACH to provide resources. 15 car charging cords were stolen from a UW garage.

Emergency Management

Barry Morgan reminded the committee to keep winter emergency supplies in their personal car. Western Washington may be seeing another winter storm coming up. Be cautious and watch out for slip, trip, falls when getting around. Roadways may not be cleared in timely manner and tridemic-related staffing shortages are impacting winter responses and public service agencies.

DEOHS

Rick Gleason: nothing to report.

UWHR

Seth Greenfest: nothing to report.

AGO

Nancy Gwin: nothing to report.

Claim Services

Ken Nielsen: nothing to report.

Transportation Services

Eric Johnson reiterated it is best practice to call UWPD so they can utilize REACH to offer resources to homeless individuals on campus. TS funded campus safety responders patrolling garages from 9pm to 4am. Hopefully by late April a schedule will be in place for CPG securement project. Not all stairwells are under control of Transportation Services; Building Services Department controls inner stairwells to adjacent buildings. Regarding the repeating problem of cars driving on the Burke Gilman trail, Eric shared that UW and SDOT share responsibility for the trail and are

discussing design ideas to close the access point(s). TS is also engaged with Grounds to ensure existing bollards remain and are maintained.

UW Bothell

Brett Konzek: nothing to report.

UW Tacoma

Susan Wagshul-Golden: nothing to report.

8. EH&S Updates

Erin McKeown announced that the [EH&S Annual Report FY 2022](#) was published. It highlights accomplishments from July 1, 2021 to June 30, 2022 and includes interesting metrics like the fact that over 22,342 personnel and students completed EH&S safety training courses in that time.

A [Post-earthquake Checklist](#) was recently updated to improve accessibility and provide guidance for all campus locations. Evacuation directors, building coordinators, or other responsible persons should keep hard copies available and bookmark it in preparation for an earthquake.

The updated [Lab Safety Manual](#) is it available for download, as well as a log of changes.

The [UW Fall Protection Program Manual](#) has also been updated and includes a log of changes.

EH&S is happy to announce we filled our Assistant Director and our manager positions in the Occupational Safety and Health section. We are still recruiting industrial hygienists, a physical safety lead, and a lab safety specialist, and an instructional designer/training manager.

There are no new LNI investigations to report. UW continues to work closely with the School of Dentistry on sharps and reusable sharps management in compliance with an L&I settlement.

Katia reminded all to review the [EHS monthly newsletter](#) and announced two new staff.

9. Good of the Order

Christine asked if anyone would be interested in field trips during the summer to UW Bothell, UW Tacoma, medical centers or any other topics/presentations to bring into the U-Wide. Katia suggested quarterly reviews of university-level illnesses and injury trends.

Christine asked for anything for the good of the order. No points were brought up.

10. Adjourn

Christine asked for a motion to adjourn. Sarah O'Hara motioned, Paula seconded, motion passed.

Meeting adjourned: 2:15pm