If you are more likely to get You tested positive for COVID-19.

If you are UW personnel and believe your positive COVID-19 treatments available

Outside of seeking treatment, stay home for 5 days

Remain in isolation

NOTIFY CLOSE CONTACTS.

You are strongly encouraged to notify others you may have exposed.

END OF ISOLATION

End isolation after day 5 if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

Remain in isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

FOLLOW ADDITIONAL PRECAUTIONS.

Wear a well-fitting mask or respirator for 10 days when indoors around others at home and in public.

REPORT IF WORKPLACE EXPOSURE.

If you are UW personnel and believe your positive COVID-19 test was due to a workplace exposure, please fill out an OARS report.

For more information click here.

Contact covidhec@uw.edu or 206.616.3344 to reach UW Environmental Health & Safety Department. Email is preferred.

1 Follow CDC guidance for ending self-isolation if your symptoms are not improving and/or you had moderate or severe illness.

2 With two sequential negative tests 48 hours apart, you can remove your mask sooner than day 10.

3 You can continue to report all at-home test results (negative and positive) to support national public health efforts.

4 If a supervisor believes that their workforce is experiencing an outbreak of COVID-19 (more than 10% of personnel are out sick and have tested positive), contact EH&S for assistance and follow up.

People who also work in non-UW clinical settings contact their healthcare organization/clinical supervisor for guidance on returning to activities in those locations. Visit www.ehs.washington.edu/resource/covid-19-public-health-requirements-and-guidance-flowchart-1175 for a text-only version.