

SCENARIO 1:

You tested positive for COVID-19.

Regardless of your vaccination status and regardless of whether or not you have [symptoms](#).

STAY HOME AND SELF-ISOLATE.

Do not go to work or class for 5 days since your symptoms started, 5 days since your test date (if you have no symptoms), or as instructed by a contact tracer. [Follow CDC isolation procedures.](#)

Submit a [COVID-19 Case Intake Form](#) if you tested outside the Husky Coronavirus voluntary research study.¹

SEND AN EXPOSURE NOTIFICATION VIA [WA NOTIFY](#).

Go to Exposure Notifications on your mobile device to request a pin and issue an anonymous notification to inform others around you of their exposure.

COMPLETE THE ELECTRONIC SURVEY.

The COVID-19 Response and Prevention Team will send you a link to a health survey prior to the end of your isolation period.

Did your [symptoms](#) improve after 5 days of isolation?

YES

NO

End isolation after day 5 if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.² Students in residence halls follow additional requirements communicated by the contact tracer.³

Remain in isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved. Contact covidehc@uw.edu with questions.³

FOLLOW ADDITIONAL PRECAUTIONS THROUGH DAY 10.

Wear a [well-fitting surgical mask or KF94/KN95/N95](#) for 10 full days any time you are around others inside your home or in public. Avoid travel; Do not go to places where you are unable to wear a mask. Follow additional [CDC precautions](#). For guidance about re-testing, visit the University's [Quarantine and Isolation Guidance](#) webpage.

SCENARIO 2:

You were in [close contact](#) with an individual who tested positive for COVID-19.

You are up-to-date on COVID-19 [vaccination and booster doses](#) and/or you have tested positive for COVID-19 in the past 90 days.

YES

NO

Notify covidehc@uw.edu if your exposure was potentially related to workplace or campus activities and you have not already been notified by the University.

Do you have [symptoms](#)?

YES

NO

STAY HOME AND SELF-ISOLATE.

Do not go to work and/or class. Wear a [well-fitting surgical mask or KF94/KN95/N95](#) when around others at home and in public.

GET TESTED IMMEDIATELY.

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

You can return to work and/or class if **all** of the following apply to you:

- Your **symptoms are mild;** and
- Your **symptoms have improved;** and
- You **have not had a fever for at least 24 hours** without using fever-reducing medication.

If your symptoms are severe or getting worse, stay home, and consult a health care provider.

YOU DO NOT NEED TO STAY HOME.

You can return to work and/or class. Wear a [well-fitting surgical mask or KF94/KN95/N95](#) when around others at home and in public for 10 days. If you tested positive in the past 90 days, the only additional action is to monitor symptoms through day 10. If symptoms develop, follow instructions in Scenario 2 for symptom development.

GET TESTED AT LEAST 5 DAYS AFTER EXPOSURE.

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

Watch for symptoms and wear a [mask](#) around others outside of your household for 10 days since your last exposure. If you develop symptoms, follow instructions for vaccinated close contacts with symptoms in Scenario 2.

Will you have ongoing close contact (e.g., household member has COVID-19)?

YES

NO

Follow [CDC guidance](#) for ongoing exposure and contact covidehc@uw.edu if you have questions.

No further action is needed.

STAY HOME AND QUARANTINE.

Do not go to work or class for 5 days since your last exposure or as instructed by the contact tracer. Wear a [well-fitting surgical mask or KF94/KN95/N95](#) when around others at home and in public and watch for symptoms for 10 days.

GET TESTED AT LEAST 5 DAYS AFTER EXPOSURE.

or immediately if you are unsure when you were exposed

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

Did [symptoms](#) develop during quarantine?

YES

NO

Notify covidehc@uw.edu and get tested immediately. Stay home for 5 days from symptom onset or as directed by a contact tracer.

You can return to work or class when you have completed quarantine.

SCENARIO 3:

You have a [symptom\(s\)](#) of COVID-19 but no known exposure to a COVID-19 positive individual.

STAY HOME AND SELF-ISOLATE.

Do not go to work and/or class, regardless of vaccination status.

GET TESTED IMMEDIATELY.

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

Stay home until symptoms have improved and you have not had a fever for at least 24 hours without using fever-reducing medication. If symptoms worsen, get tested again and contact your health care provider.

¹ Questions, contact covidehc@uw.edu or 206.616.3344 to reach the COVID-19 Response and Prevention Team in the UW Environmental Health & Safety Department. Email is preferred.

² Immunocompromised individuals should talk with their healthcare provider about the duration of isolation.

³ If you take a home rapid COVID Antigen (Ag) test at 5 days or after and it is positive you should continue isolation for a full 10 days. Visit the [EH&S website](#) for more information. Additional requirements are followed by students in residence halls and athletics programs.

Read the [University's Quarantine and Isolation Guidance](#) at www.ehs.washington.edu/covid-19-prevention-and-response/quarantine-and-isolation-guidance.

For a text-only version, visit www.ehs.washington.edu/resource/covid-19-public-health-requirements-and-guidance-flowchart-updated-11222-1175.