SCENARIO 1: You tested positive for COVID-19.

Regardless of your vaccination status and regardless of whether or not you have symptoms.

STAY HOME AND SELF-ISOLATE.

Do not go to work or class for 5 days since your symptoms started, 5 days since your test date (if you have no symptoms), or as instructed by a contact tracer.

END ISOLATION AFTER DAY 5

If you have no symptoms, or if your symptoms have improved, you can return to work and/or class as directed by a contact tracer. If symptoms worsen, get tested again and contact your healthcare provider.

END ISOLATION AFTER 10 DAYS

If you have symptoms, or if your symptoms have not improved, you must stay home until symptoms have improved and you have not had a fever for at least 24 hours without the use of fever-reducing medication. If symptoms worsen, get tested again and contact your healthcare provider.

GET TESTED IMMEDIATELY.

You can return to work and/or class if all of the following apply to you:

1. Your symptoms are mild;
2. Your symptoms have improved; and
3. You have not had a fever for at least 24 hours without using fever-reducing medication.

If your symptoms are severe or getting worse, stay home, notify covidehc@uw.edu, and consult a healthcare provider.

SCENARIO 2: You were in close contact with an individual who tested positive for COVID-19.

You are current on COVID-19 vaccination and booster doses and/or you have tested positive for COVID-19 in the past 90 days.

Do you have symptoms?

YES

Yes

Stay home and self-isolate.

NO

No

Remain in isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

STAY HOME AND SELF-ISOLATE.

Do not go to work or class. Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public 5 additional days (through day 10).

GET TESTED IMMEDIATELY.

You have not had a fever for at least 24 hours without the use of fever-reducing medication.

If your symptoms are severe or getting worse, stay home, notify covidehc@uw.edu, and consult a healthcare provider.

GET TESTED AT LEAST 5 DAYS AFTER EXPOSURE

or immediately if you are unsure when you were exposed.

SCENARIO 3: You have a symptom(s) of COVID-19 but no known exposure to a COVID-19 positive individual.

You have a symptom(s) of COVID-19 but no known exposure to a COVID-19 positive individual.

STAY HOME AND SELF-ISOLATE.

Do not go to work or class, regardless of vaccination status.

GET TESTED IMMEDIATELY.

You can return to work or class if you were notified of exposure by WA Notify, do not know when your exposure occurred or are unsure or concerned you may have been exposed.

END ISOLATION AFTER DAY 5

Regardless of your vaccination status, you must remain in isolation until symptoms have resolved and you have not had a fever for at least 24 hours without the use of fever-reducing medication. If your symptoms worsen, get tested again and contact your healthcare provider.

END ISOLATION AFTER 10 DAYS

Regardless of your vaccination status, you must remain in isolation until symptoms have resolved and you have not had a fever for at least 24 hours without the use of fever-reducing medication. If your symptoms worsen, get tested again and contact your healthcare provider.
