



### Individual Radiation Dose Reports

1. Go to: <https://www.myldr.com/>

Username: UWDose

Password: mydose1

UW Account number: 072115

2. Distribute the login to all badged employees.

Individuals do not have the ability to change the user name or password for the account.

3. Individuals can view and export their annual, monthly, or lifetime dose.

Individuals will only see information relative to their personal dose.

[End Session](#)

**Landauer Individual Dose Report**

Please enter Account Number and Serial Number from your dosimeter and click the "Submit" Button.

Individual Dose Report (IDR) - System Demonstration

Individual Dose Report (IDR) - Glossary

Account Number \*

Serial number \*

\* Required

To protect your privacy, no personal information is displayed

History Results

The doses are displayed in mrem

Dose Results

Total Records: 4

Doses as of 2012/10/31 10:47 CST

Dose Period	Total DDE	Total LDE	Total SDE	Beta	Total Neutron	Extremity
Q42012						M
2012						M
2011						
Lifetime	M	M	M			M

Section 6 of the UW Radiation Safety Manual includes information about interpreting dosimetry data.

<http://www.ehs.washington.edu/manuals/rsmanual/6perexp.pdf>